



Whites for Racial Equity

**Preparing White Folks to become Allies and Leaders for Racial Equity—
CSUMB Health & Wellness Services, 6012 General Jim Moore Blvd (1:00-5:00)**

Each session of this free workshop series will include an article, a video, a presentation, an awareness activity, and a chance for you to take what you have learned and turn it into an action. It is recommended that you attend all sessions.

Part I. Overview and Definitions (1/27)

Upon completing this session, you will:

- Understand the terminology that will be used throughout the workshop series.
- Develop a deep understanding of whiteness and white privilege.

Part II. Benefits of White Privilege (2/17)

Upon completing this session, you will:

- Understand areas of your life where you are advantaged because of your skin color.
- Understand white privilege in the context of systemic racism.
- Make personal decisions and commitments about what you will do with this privilege.

Part III. Costs of White Privilege (3/10)

Upon completing this session, you will:

- Understand the costs of racism to you as a white person through reading, listening, and discussing stories from *Combined Destinies: Whites Sharing Grief About Racism* by Ann Jealous and Caroline Haskell .
- Identify costs of racism in your own lives and make commitments to address these costs.

Part IV. Developing a Positive White Identity (4/21)

Upon completing this session, you will:

- Understand your role as a white person who is committed to ending racism.
- Make commitments to use your privilege and power as a white person to take action that results in dismantling racism.