

"Peace requires everyone to be in the circle – wholeness, inclusion." Isabel Allende

Nonviolent Leadership for Social Justice



Nonviolent Communication (NVC) and Race, Ethnicity & Social Class in North America

Join us in developing both greater critical awareness of the impact of race, ethnicity, and social class on communities and individuals, and also a greater capacity for compassionate, healing connection with one another across these and other social constructs, as the basis for creating more connected, effective, and transformative social change.

Nonviolent Leadership for Social Justice Retreat

July 24-31, 2016
Mountain Home Ranch
Calistoga, CA

<http://diversity.learnnvc.org>
Roxy@LearnNVC.org

Requested Contributions

Tuition: \$500 - \$1000
Room and Board: \$700 - \$900
Tuition assistance is available.

MFTs and LCSWs
can earn 42 CEUs

Grounded in principles of NVC, at this eight day retreat we will:

- **explore** how existing power dynamics in North American society, including economic and political structures, impact our ability to connect with our own and others' full humanity;
- **examine** through a new lens, the real wounds and societal messages we've received about our own and others' race, ethnicity and social class; begin to find ways to **heal** and move past the impact of those experiences and messages;
- **learn** and deepen our practice of concrete communication skills that can support authentic connections across race, ethnicity and class differences;

- **understand** how to deepen our connections with others, regardless of their background, through authentic, honest and compassionate communication;
- **identify** effective strategies to support engagement with those currently working within the systems of power in North America;
- **share** with each other the practices and strategies that support the building and strengthening of organizations and communities focused on creating transformative social change.

Transforming Intercultural Oppression

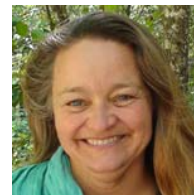
Our Trainers



Nancy Kahn
Social Worker



Roxy Manning
Psychologist



Kristin Masters
CNVC Certified
Trainer



Edmundo Norte
Dean, Intercultural &
International Studies

"The NVC Diversity Retreat is unlike any other social justice conference or workshop I've ever been to. The integration of the principles of non-violent communication in the hard work of confronting racism and classism allows for people to be honest, uncover biases and roadblocks, and keeps folks accountable to one another and their own principles, all in a spirit of love and forgiveness. As a student affairs professional, I find that my efforts to create a container of love, forgiveness, and accountability result in deeper connections, progress toward understanding, and commitment to change."

- Mandie Caroll, Coordinator for Residential Education, Oakes College